## Every Breath a Gift.

Founder, Team Forever Professional Speaker Endurance Athlete

# Darren Miller



As an established speaker and community leader – after two decades in financial services, endurance athletics and philanthropy, I am passionate about developing the strongest version of ourselves. I believe we are all uniquely motivated to achieve personal and professional challenges to benefit and strengthen our families and careers beyond the classroom.

It is well known that COVID-19 has negatively impacted communities, businesses, and homes. It intensified the student mental health needs at staggering rates further exacerbating the youth mental health crisis. The challenges of the pandemic have highlighted the need to dedicate more resources to support the socio-emotional needs of our youth and their families.

The F.O.R.E.V.E.R. Essentials I developed will equip individuals of all ages with skills to overcome their challenges and thrive at all levels of education. I am looking forward to aligning our messages for success.

Darren Miller, President, Every Breath A Gift, LLC

"Darren gave a very energized and uplifting presentation to my students. They were engaged the whole time! He has such an inspirational message to share, and I'm glad my students had the opportunity to hear him speak. We will definitely be inviting him back to future presentations." Lauren Martin, Principal, Seton-La-Salle Catholic High School

"Darren is a dynamic presenter who conveys a powerful message that inspires audiences of all ages and backgrounds. He provides techniques and pragmatic strategies that empower. Whether you are a student, CEO, professional athlete or just looking for ways to grow as a leader, Darren's message is certain to prepare you for success on your personal journey."

Dr. Gennaro R. Piraino, 2019 Pennsylvania Superintendent of the Year

"Darren inspired our educator audience to think about more than results - he got them thinking about legacy. That message, which the audience loved, is in lockstep with our own brand and why we exist as a company. Just as Darren is driven to serve something bigger than himself, our company - and the educators we work with - are driven by the very same thing. Darren's story is powerful and engaging - highly recommended."

John Jorgenson, Chief Marketing Officer, Carnegie Learning



Schedule Darren for your next event! darren-miller.com (724) 594-7625 dmiller@darren-miller.com



### **Strengthening Leaders**

Today's students are exposed to so much negativity, both in and outside of school. Social media, television, music, peer pressure and family issues, to name a few, impact their time spent at school and how they view the world around them. While a difficult home environment is not always easily changed, Darren's F.O.R.E.V.E.R. Essentials guide students to understand the necessity of avoiding the noise. He helps them see the positive light in themselves and the world around them. His most requested educational engagements are overcoming adversity, resisting bullying, increasing self-confidence, and establishing Social and Emotional Learning.



### **Thinking Outside the Box**

Overcoming life challenges takes a lot of will and determination. Darren leverages his experience in endurance athletics, philanthropy, and the real-world corporate environment to give examples of going above and beyond to become the strongest version of ourselves. Darren focuses on guiding students to become stronger in their resolve, develop new ways to approach challenges and realize a sense of gratitude for the daily opportunity to achieve their dreams.



#### **Every Breath A Gift**

While focusing on our own personal pathway to success, Darren's belief is that charity and volunteerism remain at the forefront of our lives. His story of challenging some of the toughest environments on Earth to raise valuable funding for Team Forever and the Forever Fund at UPMC Children's Hospital of Pittsburgh is truly inspiring. His passion for endurance and athletics drives his charity, however it is the mindset of knowing that anything is within our grasp if we work for it. That is the gift Darren skillfully shares.



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